



Caregiver Fact Sheet

Getting Paid for Taking Care of a Family Member

If you care for a person with dementia, you may have more bills or less income than usual. If your person needs help with daily care but doesn't trust strangers, you might be willing to provide that help but need to get paid for your time. Here are a few Texas programs that can consider family and friends as paid providers.

- **STAR+PLUS:** If your person gets STAR+PLUS benefits, call the Medicaid health plan (Molina, Superior, United or Wellpoint) service coordinator and see if you can be paid through the Primary Home Care program.
- **Community Attendant Services** is for older or disabled Texans who have low incomes (i.e., as of 2025, no more than \$2,901/month for single people and \$5,802/month for married couples), limited resources (i.e., no more than \$2,000 for single people and \$3,000 for married couples), and need help with at least one personal care task (like getting out of bed or a chair, walking, taking a bath or shower, toileting, feeding, and grooming). People who are approved can choose their own providers, including some family members. Call 855-937-2372.
- **The Veterans Administration Program of Comprehensive Assistance for Family Caregivers** is for Veterans with a disability rating of at least 70% who need continuous personal care services. It allows some adult family members (including children and spouses) to be paid providers. For more information, contact the VA Caregiver Support Line at 855-260-3274.
- **The Veterans Directed Care Program** is for Veterans who get their care from the Veterans Administration and are at risk of going into a nursing home. It lets Veterans get care from providers of their choice, including some family members. Call the Veterans Administration at 855-260-3274.
- **The Veterans Administration Aid and Attendance Program** is for Veterans who served during a wartime period, need help with their daily care, and have limited assets. It provides an extra check, and the money can be spent on care in the home, including care that's provided by a family member. Call the Veterans Administration at 855-260-3272.
- **The Veteran's Administration Program of Comprehensive Assistance for Family Caregivers** is for Veterans who have service-connected disabilities and need help with their daily care. It pays for caregivers, who can include family members. Call 855-260-3274.



Dementia Friendly North Central/East Texas 800-272-3921



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